

## CLAIMS

I claim:

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1. A therapeutic support pad comprising:
    - a pliable and elastic elongate core;
    - a flexible wall member enveloping the core to form a bladder;
    - an elongate tubular member covering the wall member, and the tubular member being less pliable <sup>than</sup> ~~that~~ the core and capable of being folded, and the combination of the tubular member and core being cylindrically shaped.
  2. A therapeutic support pad as in claim 1 in which the core is comprised of a gel.
  3. A therapeutic support pad as in claim 1 including a cover for comfort or aesthetic appeal.
  4. A therapeutic support pad as in claim 3 in which the cover includes at least one elastic strap attached to the cover for retaining the pad in a folded configuration.
  5. A therapeutic support pad as in claim 2 in which said gel is formed from the combination of a solution of polyvinyl alcohol combined with a solution of sodium borate.
  6. A therapeutic support pad as in claim 1 in which said tubular member is comprised of polymeric foam.
  7. A therapeutic support pad as in claim 1 which said pad is 2 to 4 inches in diameter.
  8. A therapeutic support pad as in claim 1 which said pad is 2.25 to 2.75 inches in diameter.
  9. A therapeutic support pad as in claim 1 which said pad is 24 to 36 inches long.
  10. A therapeutic support pad as in claim 1 which said pad is 25 to 28 inches long.
  11. A therapeutic support pad comprising:
    - a pliable and elastic elongate gel core;
    - a flexible wall member enveloping the core to form a bladder;
    - an elongate tubular member constructed of polymeric foam covering the wall member, and the tubular member being less pliable <sup>than</sup> ~~that~~ the core and capable of being folded, and the
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combination of the tubular member and core being cylindrically shaped and at least 2 inches in diameter and at least 24 inches in length.

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